Final Announcement

15th Continuing Professional Development (CPD) Series:

**8th DIABETES COMPLICATIONS Conference & Grand Rounds**

May 6 - 8, 2016
Kuala Lumpur, Malaysia

HOTEL ISTANA
73, Jalan Raja Chulan
50200 Kuala Lumpur, Malaysia
Prevalence of diabetes mellitus, especially of type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. The increasing number of people with diabetes is compounded with the added burden of the chronic complications of the disease which remain an important cause of morbidity and premature mortality for those affected, and a huge challenge to healthcare providers.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises “Diabetes Asia Conference (DAC)” annually since its inception in 2002 as a Continuing Professional Development (CPD) initiative on diabetes and related diseases. The “Diabetes Complications” Conference & Grand Rounds (DCOM) was first introduced in 2009 to provide specific focus on diabetic complications.

Objectives of “DIABETES COMPLICATIONS”:

Conference & Grand Rounds
The Continuing Professional Development (CPD) Series as “Diabetes Complications” Conference & Grand Rounds aims to help in the prevention and effective management of diabetic complications especially in relation to diabetic foot, cardiovascular disease, retinopathy and nephropathy. The emphasis is on recent advances and practical aspects in the prevention and effective management of diabetic complications.

Participants are expected to be able to:
• appreciate recent advances and practical aspects of diabetes care, especially in relation to prevention, early diagnosis and optimal management of diabetic complications.
• apply knowledge gained during the “Diabetes Complications” Conference & Grand Rounds to further improve care for persons with diabetes in the community.

Who Should Attend
Healthcare professionals responsible for managing persons with diabetes including:
• Medical and Surgical Specialists
• General Practitioners
• Medical and Health Officers
• Trainee Lecturers
• Pharmacists
• Nursing Practitioners
• Diabetes Educators
• Dietitians
• Medical Assistants

The “Diabetes Complications” Conference & Grand Rounds will emphasise on recent advances and practical aspects in the management of diabetic complications.
**Organising Committee**

**Patron**  
YABhg. Tun Dr. Mahathir Mohamad

**Advisors**  
Professor Dato’ Anuar Zaini Md. Zain

**Chairman**  
Emeritus Professor Dato’ Mustaffa Embong

**Secretary**  
Dato’ Dr. Nor’Aini Abu Bakar

**Treasurer**  
Ms. Rosmawati Yusoff

**Conference Coordinator**  
Ms. Amelia Noor Zuber

**Fund Raising & Exhibition**  
Ms. Yasmin Rahimi

**International Advisory Board**

Emeritus Professor Augusto D. Litonjua, **Philippines**  
Professor Clive S. Cockram, **Hong Kong**  
Professor Eberhard Standl, **Germany**  
Professor Harold E. Lebovitz, **USA**  
Professor Luc Van Gaal, **Belgium**

**Co-Chairmen of Scientific Committee**

Dato’ Dr. David Chew Soon Ping  
Associate Professor Norlaila Mustafa  
Dr. Harikrishna K. Ragavan Nair

**Sabah & Sarawak Representative**

Dr. William Voon Yu Huat

**Audiovisual**

Mr. Kamarulzaman Othman (Audiovisual)  
Mr. Zamri Hussein (Video & Photography)

**Secretariat**

Dato’ Dr. Nor’Aini Abu Bakar (Chairperson)  
Dr. Mohamad Nizam Mustaffa  
Dr. Shahrizal Mustafa  
Ms. Azizah Mohd Noor  
Ms. Norul Athirah Mohamed Anwar  
Mr. Muhammad Saifulhullah Mokter  
Mr. Raihan Md Zuki  
Ms. Robiatul Azilah Zainudin

**Invited Chairmen/Speakers**

1. **Professor A. Samad Shera**, PAKISTAN (Confirmed)
2. **Professor Stephen M. Twigg**, AUSTRALIA (Confirmed)
3. **Associate Professor Abdul Aziz Mohamed Nather**, SINGAPORE (Confirmed)
4. **Dr. Ruby T. Go**, PHILIPPINES (Confirmed)

**Local Faculty:**

1. Tan Sri Dato’ Seri Dr. Robaayah Zambahari, National Heart Institute
2. Emeritus Professor Dato’ Khalid Abdul Kadir, Monash University Malaysia
3. Emeritus Professor Dato’ Mustaffa Embong, National Diabetes Institute
4. Professor Dato’ Anuar Zaini Md. Zain, Monash University Malaysia
5. Professor Dato’ Ilram Shah Ismail, University Malaya Medical Centre
6. Professor Dato’ Mafauzy Mohamed, Universiti Sains Malaysia Hospital
7. Professor Dato’ Wan Mohamad Wan Behakar, Universiti Sains Malaysia Hospital
8. Professor Dato’ Zainal Arifzi Abdul Rahman, University Malaya Medical Centre
9. Professor Datin Hamimah Hassan, University Malaya Medical Centre
10. Professor Abdul Latif Mohamed, Cyberjaya University College of Medical Sciences
11. Professor Abdul Rashid Abdul Rahman, Malaysian Institute for Graduates & Higher Training
12. Professor Chan Siew Pheng, Sahang Jaya Medical Centre
13. Professor Norlela Sukot, Universiti Kebangsaan Malaysia Medical Centre
14. Professor Nor Azmi Kumaruddin, Universiti Kebangsaan Malaysia Medical Centre
15. Professor Rosiah Che Ismail, University Malaya Medical Centre
16. Professor Wan Azman Wan Ahmad, University Malaya Medical Centre
17. Professor Winnie Chee Siew Swee, International Medical University
18. Associate Professor Ahmad Hatim Abdullah, University Malaya Medical Centre
19. Associate Professor Hanafiya Harunarashid, Universiti Kebangsaan Malaysia Medical Centre
20. Associate Professor Imran Zainal Abidin, University Malaya Medical Centre
21. Associate Professor Lim Soo Kurn, University Malaya Medical Centre
22. Associate Professor Mae-Lynn Catherine Bastion, Universiti Kebangsaan Malaysia Medical Centre
23. Associate Professor Muhammad Yazid Jalaludin, University Malaya Medical Centre
24. Associate Professor Norlaila Mustafa, Universiti Kebangsaan Malaysia Medical Centre
25. Associate Professor Rohana Abdul Ghani, MARA University of Technology
26. Datuk Dr. Mohamad Baderulnizam Long Bidin, Kuala Lumpur Hospital
27. Dato’ Dr. David Chew Soon Ping, National Heart Institute
28. Dato’ Dr. Zaki Morad Mohamad Zaher, AFS Ampang Puteri Specialist Hospital
29. Dato’ Dr. Zimny Zuki Tan Sri Dato’ Hj. Mohd Zuki, Sungai Buloh Hospital
30. Lt. Col (Dr.) Muhd Yusof Abu Bakar, Armed forces Hospital, Lamut Naval Base
31. Dr. Ashari Yusun, Institute of Respiratory Medicine
32. Dr. Azniyanti Anuar Zaini, University Malaya Medical Centre
33. Dr. Bahanardin Jaafar, Tengku Ampuan Rahimah Hospital
34. Dr. Fuziah Md. Zain, Putrajaya Hospital
35. Dr. G. R. Letchuman, Raja Permaisuri Bairun Hospital
36. Dr. Goh Bak Leong, Serdang Hospital
37. Dr. Hanif Hussein, Kuala Lumpur Hospital
38. Dr. Harikrishna K. Ragavan Nair, Kuala Lumpur Hospital
39. Dr. Janet Hong Yeow Hua, Putrajaya Hospital
40. Dr. Josephine Rosalind Subramaniam, Pantai Hospital Kuala Lumpur
41. Dr. Mohamad Anwar Hau Abdullah, Raja Perempuan Zainab II Hospital
42. Dr. Norhayati Yahaya, Raja Perempuan Zainab II Hospital
43. Dr. Nor Aizah Aziz, Penang General Hospital
44. Dr. Radzuan Mat Ibrahim, Cheva Rehabilitation Hospital
45. Dr. Ramesh Singh Arjan Singh, University Malaya Medical Centre
46. Dr. Sunita Bavanandan, Kuala Lumpur Hospital
47. Dr. Wan Mohd Izani Wan Mohamed, Universiti Sains Malaysia Hospital
48. Dr. Wong Ming, Sunway Medical Centre
49. Dr. Zainal Ariffin Azizi, Kuala Lumpur Hospital
50. Dr. Zanariah Hussein, Putrajaya Hospital
51. Yoga Master Mr. Manisekaran, Malaysian Yoga Society

*Subject to confirmation*
## Programme Outline*

<table>
<thead>
<tr>
<th>6 May 2016</th>
<th>7 May 2016</th>
<th>8 May 2016</th>
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<tbody>
<tr>
<td><strong>FRIDAY</strong></td>
<td><strong>SATURDAY</strong></td>
<td><strong>SUNDAY</strong></td>
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<tr>
<td>(0700 – 0815) Registration</td>
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<td>(0815 – 0900) Plenary 1</td>
<td>(0815 – 0900) Plenary 3</td>
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<tr>
<td>(1015 – 1215)</td>
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<td><strong>Main Symposium 1C</strong></td>
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<td><strong>Main Symposium 3A</strong></td>
<td><strong>Main Symposium 3B Sponsor</strong></td>
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<td><strong>Main Symposium 5A</strong></td>
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<td><strong>Main Symposium 5C</strong></td>
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<td><strong>Friday Prayers</strong></td>
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<td>(1315 – 1400) Lunch</td>
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<td><strong>Tea Break</strong></td>
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<td>Main Symposium 2A</td>
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<td>Main Symposium 4A</td>
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<tr>
<td><strong>Workshop 1 (Sponsored session 30mins)</strong></td>
<td><strong>Grand Round 1</strong></td>
<td><strong>Grand Round 2</strong></td>
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<tr>
<td><strong>Workshop 2 (Sponsored session 30mins)</strong></td>
<td><strong>Grand Round 3</strong></td>
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<td>(1530 – 1600) Tea Break</td>
<td>(1530 – 1600) Tea Break</td>
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<td>(1600 – 1730)</td>
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*Subject to change

## SCIENTIFIC PROGRAMME BRIEFS*

Participants are free to attend any of the concurrent sessions.

### PLENARY

- Hypoglycaemia in Diabetes: Morbidity, Prevention and Care
- Diabetic Foot Management (Including Debridement and Dressing) in General Practice
- Non-Alcoholic Fatty Liver Disease: A target for Prevention and Treatment of Diabetes
- Current and Future Treatment Targets of Diabetic Complications
- Cardiac Complications of Diabetes in Malaysia
- Early and Aggressive Treatment of CVD Risk Factors In T2DM
- Modern Dressing & Wound Management

*Subject to change
1. **Diabetic Neuropathy**
   1.1 Diabetic Neuropathic Arthropathy
   1.2 Exercise and Physical Therapy for Neuropathic Patients
   1.3 Advances in Management of (Diabetic) Neuropathy

2. **Recent Advances**
   2.1 Assessment of Diabetic Eye Diseases: Imaging and Biomarkers
   2.2 Stem Cells for Complications of Diabetes
   2.3 Off-loading the Diabetic Foot: New Shoes and Socks

3. **Addressing Risk Factors to Macrovascular Complications**
   3.1 BP Control: Drug Choice and Consensus BP Levels
   3.2 Impaired Platelet Function in Diabetics: Is Aspirin Necessary?
   3.3 Inflammation: Enough Evidence to Treat?

4. **Alternative Therapy for Diabetic Ulcers: Local Experience**
   4.1 Maggot Therapy
   4.2 Hyperbaric Oxygen
   4.3 Natural Honey Therapy

5. **Heart Failure In Diabetics**
   5.1 Diabetes with Heart Failure: Common, Under-diagnosed
   5.2 Diastolic or Systolic Dysfunction: Does It Matter in Management?
   5.3 Diabetics with Heart Failure: Choice of Drugs

6. **Oral Cavity and Gut Manifestations of Diabetes**
   6.1 Periodontitis: Clinical Significance for Diabetics
   6.2 Diabetic Diarrhoea: Pathophysiology and Treatment
   6.3 Gut Hormone Changes in Type 2 Diabetes: Implications for Treatment

7. **Ischaemic Heart Disease in People with Diabetes**
   7.1 When and How to Assess IHD in Diabetics
   7.2 Medical Therapy or Surgery? Factors to Consider
   7.3 Practical Strategies in Minimising CV Complications

8. **The Ischaemic Legs**
   8.1 Modern Diagnosis of the Ischaemic Foot
   8.2 Preventing PVD in People with Diabetes
   8.3 Vascular Interventions of Peripheral Vascular Disease

9. **Kidney Diseases in Diabetics**
   9.1 Glycaemic Control in Stage 3-4 CKD: Choice of Drugs and Targets
   9.2 Protecting the Kidneys in Diabetics: Lessons from Randomised Controlled Trials
   9.3 Should Albuminuria Be Treated?

10. **Diabetes and the Brain**
    10.1 Brain Changes in People with Diabetes: Clinical Implications
    10.2 Anxiety and Depression: Complications of Diabetes?
    10.3 Alzheimer’s Disease: A Type 3 Diabetes?

11. **Complementary and Alternative Therapies**
    11.1 Acupuncture for Diabetic Neuropathic Pain
    11.2 Yoga and Biofeedback Therapy
    11.3 Diet and Nutrition in CKD Patients

12. **Metabolic Syndrome**
    12.1 MS: Prevalence and Patterns in Malaysia
    12.2 Diagnosis of MS: Which Criteria to Use for Asians?
    12.3 The Clinical Significance of Metabolic Syndrome

13. **Infections in Diabetics**
    13.1 Tuberculosis and Diabetes: An Unholy Alliance
    13.2 Meliodosis: The Need for Effective Diagnosis and Treatment
    13.3 Infections and Other Skin Changes in Diabetics

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**WORKSHOP**

1. Wound Care and Dressing for GPs
2. Assessment and Self-Care of Diabetic Peripheral Neuropathy

**GRAND ROUND**

1. Contrast-Induced AKI in a 65-year Old Patient With Long-Standing Diabetes
2. 12-year Old Type 1 With Frequent Hypos And Hypers (Paediatric Emergency Case)
3. A 42-year Old Obese, Hypertensive, Dyslipidaemia Type 2 Diabetic With Asymptomatic Ischaemia Heart Disease (Changes On Routine ECG)
4. A Type 2 Person With Poorly-Controlled Diabetes (Occult Infection)

**OTHER SESSIONS INCLUDE:**

- SPECIAL (SPONSORED) PLENARY LECTURES
- SPONSORED SYMPOSIA AND GRAND ROUNDS
- SPONSORED WORKSHOPS
- LUNCH SYMPOSIA
Registration form is enclosed with this FINAL ANNOUNCEMENT. Completed form must be returned with the registration fee to the Secretariat of the 8th “Diabetes Complications” Conference & Grand Rounds by mail or fax. Registration fee covers admission to all NADI 8th “Diabetes Complications” Conference & Grand Rounds sessions, conference bag, identification tag and printed materials, Conference & Grand Rounds lunches and tea/coffee breaks. The fees are as follows:

Local Delegates (subsidised rates)

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<th>REGISTRATION</th>
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<th>GST** (6%)</th>
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<td>RM650</td>
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*Subsidised rates  **GST (Goods and Services Tax)

Please register early to enjoy “Early Bird” discount for registration.
Registration fee should be made payable to: National Diabetes Institute

International Delegates

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Accommodation

Special room rates have been arranged for the conference participants from May 6 – 8, 2016 at the following hotels:

• Hotel Istana (Conference & Grand Rounds Venue)
• Grand Millennium Hotel Kuala Lumpur
• Hotel Soleil

• Novotel Kuala Lumpur City Centre (Hotel Novotel)
• Alpha Genesis Hotel
• Pullman Kuala Lumpur City Centre Hotel & Residences

Participants are advised to reserve their hotel accommodation early, DIRECTLY with the hotel of their choice. Please specify that you wish to book as a participant of the National Diabetes Institute 8th “Diabetes Complications” Conference & Grand Rounds in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

Disclaimer:
The National Diabetes Institute or its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

For further Information and Updates regarding the 8th “Diabetes Complications” Conference & Grand Rounds, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Azizah / Ms. Amelia / Ms. Azilah)
National Diabetes Institute (NADI)
No. 1, Jalan SS 3/50, 47300 Petaling Jaya, Selangor, MALAYSIA
Tel: +603-7876 1676 / 7876 1677    Fax: +603-7876 1679
Email: enquiry@nadidiabetes.com.my     or visit our website: www.diabetesmalaysia.com.my

About the National Diabetes Institute (NADI)
The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for diabetics, to prevent and control diabetes, its complications and associated diseases.

NADI is a non-profit, Non-Governmental Organisation (NGO) managed by a Board of Trustees with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The Board of Trustees comprises of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Malaysian Diabetes Association (DM) and Ministry of Health (MOH), Malaysia.

The main objectives of NADI are:

• to be a National Diabetes Education Resource Centre for the country
• to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
• to create and maintain a National Diabetes Registry
• to coordinate and conduct research in diabetes and related conditions
• to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
• to promote healthy lifestyle in the prevention and control of diabetes