## WORLD HEART DAY <br> 2017

## \#LOVEYOURHEART CAMPAIGN

## 1 September - 31 October

 2017
## Activities:

- Education Booths
- Interactive Games
- Health Screening
- Public Health Talk
- Heart Saver Demonstration
*Free Admission
"I PLEDGE FOR A HEALTHY HEART" movement
- Post a status or photo on Facebook or Instagram and hashtag \#loveyourheart to support this campaign
"LOVE YOUR HEART, LOVE THE NEEDY" charity pillow
- Empower the needy by donating in aid of Patient Heart Fund and receive a specially designed pillow


## \#LOVGYOURHEART

 2017| DATE | TIME | VENUE | PROGRAMME |
| :--- | :--- | :--- | :--- |
| 10.09 .17 <br> (Sunday) | $1.00 \mathrm{pm}-5.00 \mathrm{pm}$ | Level 2, Specialist Complex <br> Penang Adventist Hospital | Public Health Talk <br> Free Health Screening |
| 13.09 .17 <br> (Wednesday) | $12.00 \mathrm{pm}-1.00 \mathrm{pm}$ | In front of Cafeteria, <br> Penang Adventist Hospital | Exhibition Booth <br> (Know Your Heart) |
| 17.09 .17 <br> (Sunday) | $9.00 \mathrm{am}-12.00 \mathrm{pm}$ | Beach Street, <br> George Town | Free Health Screening |
| 20.09.17 <br> (Wednesday) | $12.00 \mathrm{pm}-1.00 \mathrm{pm}$ | In front of Cafeteria, <br> Penang Adventist Hospital | Exhibition Booth <br> (Fuel Your Heart) |
| 27.09.17 <br> (Wednesday) | $12.00 \mathrm{pm}-1.00 \mathrm{pm}$ | In front of Cafeteria, <br> Penang Adventist Hospital | Exhibition Booth <br> (Move Your Heart) |
| 04.10.17 <br> (Wednesday) | $12.00 \mathrm{pm}-1.00 \mathrm{pm}$ | In front of Cafeteria, <br> Penang Adventist Hospital | Exhibition Booth <br> (Know Your Heart) |
| 08.10.17 <br> (Sunday) | $2.00 \mathrm{pm}-4.00 \mathrm{pm}$ | Level 2, Specialist Complex <br> Penang Adventist Hospital | Public Health Talk |
| 11.10.17 <br> (Wednesday) | $12.00 \mathrm{pm}-1.00 \mathrm{pm}$ | In front of Cafeteria, <br> Penang Adventist Hospital | Exhibition Booth <br> (Fuel Your Heart) |
| 15.10.17 <br> (Sunday) | $10.00 \mathrm{am}-1.00 \mathrm{pm}$ | Aeon Mall, Alma <br> Bukit Mertajam | Public Health Talk <br> Free Health Screening |
| 25.10.17 <br> (Wednesday) | $12.00 \mathrm{pm}-1.00 \mathrm{pm}$ | In front of Cafeteria, <br> Penang Adventist Hospital | Exhibition Booth <br> (Move Your Heart) |

*Free admission
*Dates subject to change, without prior notice.

