Benefit Online, with the theme ‘Bringing BP to Target', is an online continuous medical education (CME) initiative by Menarini Singapore Pte Ltd, aimed at providing contemporary updates to keep doctors abreast with the current scenario and treatment strategies of hypertension. This CME initiative particularly highlights the importance of treating hypertension to target, as well as the salience of nebivolol in the management of hypertension.

Module 2: Overview of hypertension-related complications

- **2.1 Pathophysiology of hypertension**
  - Endothelial dysfunction

- **2.2 Hypertension and its related co-morbidities**
  - Cardiovascular complications (heart failure, myocardial infarction and bradycardia)
  - Metabolic dysfunction: Type 2 diabetes mellitus
  - Erectile dysfunction (ED)
  - Other complications: renal dysfunction and retinopathy
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