Benefit Online, with the theme ‘Bringing BP to Target’, is an online continuous medical education (CME) initiative by Menarini Singapore Pte Ltd, aimed at providing contemporary updates to keep doctors abreast with the current scenario and treatment strategies of hypertension. This CME initiative particularly highlights the importance of treating hypertension to target, as well as the salience of nebivolol in the management of hypertension.

Module 3: Insights on managing hypertension in specific populations

**Learning Objectives and Content Outline:**

3.1 Uncontrolled hypertension
- Epidemiology
- Pharmacological management: What do the guidelines say?
- Refresh the importance of controlling blood pressure

3.2 Hypertension with dyslipidemia
- Interplay between hypertension and dyslipidemia
- What should their blood pressure goal be?
- Pharmacological management: What do the guidelines say?

3.3 Hypertension with type II diabetes mellitus
- Who is at risk?
- What should their blood pressure goal be?
- Pharmacological management: What do the guidelines say?

3.4 Hypertension with heart failure
- Epidemiology
- Getting from hypertension to heart failure
- What should their blood pressure goal be?
- Pharmacological management: What do the guidelines say?
STEP-BY-STEP REGISTRATION

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